

/æ/ hand

/e/ egg

**T A S K 1** Distinguish between /æ/ and /e/**1.1 Listen, and practise the difference.**

had	head	mat	met
bag	beg	pack	peck
land	lend	marry	merry
can	Ken	pat	pet
pan	pen	cattle	kettle

**1.2 Listen to the words on the cassette. Write the words you hear.****1.3 Listen to the sentences on the cassette. For each one, write the word you hear.**

- 1 You have been using my pan/pen, haven't you?
- 2 He lost his bat/bet.
- 3 I can see a band/bend ahead.
- 4 We heard the cattle/kettle from a long way away.

**T A S K 2** Say /æ/**2.1 Listen, and practise this telephone conversation. Notice the telephonist's polite, rising intonation.**

- A: Cavendish Manufacturing Company. Can I help you?
- B: I'd like to speak to the Managing Director, please.
- A: The Managing Director? That's Anna Cavendish. I'll put you through.

**2.2a Listen, and say the names on this noticeboard.**

<b>CAVENDISH MANUFACTURING COMPANY</b>	
Managing Director	Anna Cavendish
Marketing Manager	Barry Jackson
Development Manager	Andrew Maxwell
Architect	Pamela Andrews

**2.2b Make telephone conversations like the one in 2.1, asking for different people each time.****SPELLING**

/æ/ hand

*Common:*

**a** ('short a'):  
sat, marry,  
hand, ran

*Exception:*

**ai** plait

/e/ egg

*Common:*

**e** ('short e'):  
egg, editor,  
bet, went

*Less common:*

**ea** dead, breath

*Exceptions:*

**ie** friend

**a** any, ate,

says, said

**u** bury

**ei** leisure

**T A S K 3** Say /e/**3.1 Listen, and practise.**

Only ten per cent of *Kensington Express* readers take regular exercise. In a recent survey, readers answered questions about diet and exercise. Ten per cent felt that they were healthy or very healthy. Seventy per cent said that exercise is important for good health. But only ten per cent took regular exercise – twice a week or more. Twenty per cent said that they felt they got enough exercise. The rest admitted that they should take more exercise.

**3.2a Listen to people asking and answering questions. Notice the intonation. The voice rises in the questions, and falls in the answers.**

Do you feel you are **healthy**?

Yes, I **do**. I lead a **very healthy** life.

Do you **think** exercise is **important** for **good health**?

No, I **don't**. Too **much** exercise can be **dangerous**.

**3.2b Ask and answer the questions on this questionnaire.**

## HEALTH QUESTIONNAIRE

Do you:

- a get regular exercise?
- b eat fresh fruit every day?
- c eat plenty of vegetables?
- d go to bed before ten?
- e remember to brush your teeth at bedtime?

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5 YESes – Excellent!

4 YESes – Very good!

3 YESes – Not bad, but could be better!

2 or less – Oh dear! Not very healthy!

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**3.3 Discussion. What sort of exercise do people in the group take? What is regarded as healthy food in your community?**

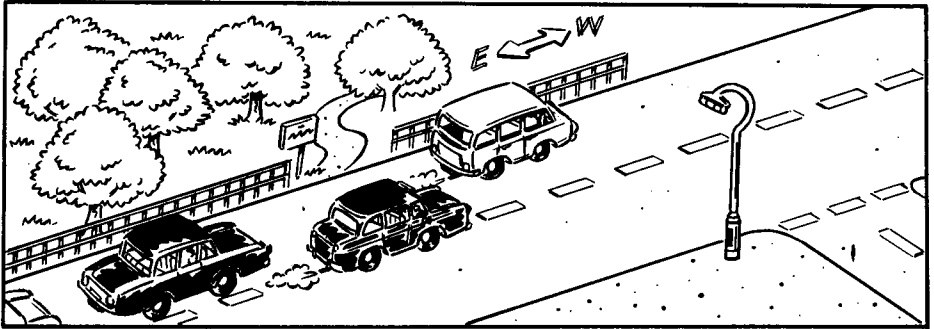
**T A S K 4** Say /æ/ and /e/

**4a** Listen, and practise this conversation about a car accident.

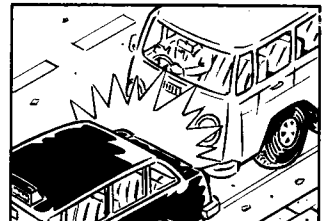
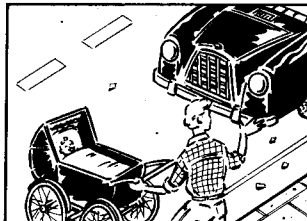
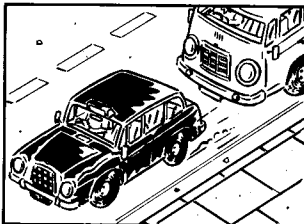
- A: I'm a reporter from the *Hendon Standard*. Were you present when the accident happened?  
 B: Yes, I was standing at the end of Elm Avenue, by the park.  
 A: What happened?  
 B: There was a red van travelling west, and several cars and vans behind it.  
 A: Was the red van going fast?  
 B: No. The driver kept glancing at a map on his lap. Then a black taxi started to pass the red van.  
 A: Was that the cause of the accident?  
 B: It wasn't the taxi that caused the accident. It was the red van. The van driver suddenly turned, and crashed into the taxi.  
 A: What happened then?  
 B: The taxi smashed into a lamppost. The taxi driver wasn't badly hurt, but he was very angry.

**4b** Look at the picture below, showing the scene of the accident described in 4a. Label the picture. Then say what happened.

e.g. It was in Elm Avenue, near the park. A red van ...



**4c** Look at the pictures below, which show another accident. Say what happened.



**FURTHER PRACTICE**

/æ/ Unit 25: 1, 3, 4 page 97-99

/e/ Unit 1: 1, 3, 4 page 22-27